

Skiing and Snowboarding Safety Tips

Use the following guidelines to help keep students safe when engaging in snow related activities. Always have at least two experienced trip leaders, as well as follow appropriate chaperone to student ratios.

Provide a Pre-Trip Orientation that includes the following information:

- Basic ski and snowboarding safety information
- An emergency action plan
- The importance of the buddy system
- Proper snow apparel and protective equipment and how to wear it
- Emergency information cards for participants to carry
- Trip logistics
- School rules

Properly Screen Participants Skill Level and Supervision Needs

- Require participants disclose their skill level
- Have trip leaders or instructors observe part

Ensure all documentation is in place. Follow the suggestions for risk mitigation on RESIG's Activity Guide.